

28 February 2018

Newsletter No 3

Tena Koutou Parents and Friends

It has been a very busy start to the first term and the coming weeks will be no exception with our Whole School Triathlon, Grow It, Senior Swimming Sports, Wheelathon, Parent/Student/Teacher Goal Setting Conferences and Inter-house Singing Competition.

We are looking forward to our Whole School Triathlon this Friday. The weather forecast is looking good at this stage. You are all very welcome to come along and support this wonderful event. The Senior races commence at 9:30am and the Juniors at 1pm.

A couple of weeks ago you all received the special 'Grow It' newsletter outlining the events for next Thursday 8th March. A lot of organisation has been going on behind the scenes since Term 4 last year to make sure it will be a success. We are very fortunate to have such dedicated staff who go that extra mile to provide such rich learning experiences for our students. Thank you also to our wonderful volunteer helpers, we couldn't do it without you! We hope to see you, your family and friends next Thursday between 12 and 2pm. Spread the word!

At our Board of Trustees meeting last Thursday we worked through our draft School Charter for 2018. The Charter outlines the strategic direction for our school for the next three years along with our annual goals and targets. The draft will be on display at the school office from next Monday and we encourage families to take the time to read and give feedback on this important school document.

'Be Active' is this weeks Wellbeing/Hauora focus. You will have also noticed that I have introduced the word Hauora along-side Wellbeing. The Māori philosophy of Hauora fits beautifully with 'Wellbeing' and comes from our NZ Health & PE Curriculum. I have included a more detailed explanation within the newsletter.

In week 11 we welcome the ERO team to our site for their external review of our school. More information will be shared closer to the time when we have been made aware of their schedule. Schools are in a continuous cycle of internal review and improvement and so our school looks forward to sharing with ERO the progress and improvements we have made since

their last visit and our future plans for ongoing development.

Nga mihi nui
Collette Sandilands



Wellbeing Focus: Be Active – Me Kori Tonu

Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercise makes you feel good. Most importantly, discover a physical activity that you enjoy and that suits your level of fitness and mobility.

PARENT/STUDENT/TEACHER GOAL SETTING CONFERENCE - WEEK 8, TERM 1

THURSDAY 22ND MARCH, 8.30AM – 5.15PM INCLUSIVE

Bookings will be open from Monday 5th March. It is expected that each family will attend. If a booking is not made a time will be allocated to you. If you do not have internet access you can book at the school office

A reminder on how to book in for an interview time by following the steps below.

ON-LINE BOOKING SYSTEM

STEP 1 Go to www.schoolinterviews.co.nz

STEP 2 Enter in the following code where it says "Parents School Event Code" **6k9jc**

STEP 3 Type in your name, then your child's name (if you have more than one child at school use the drop down box so more 'Student's Name' lines appear. Also type in your email address (this is so a confirmation of your interview booking can be sent back to you. Press **GO**

STEP 4 Choose your child's teacher from the drop down list. Press **GO**

STEP 5 Choose the times you would like to see each teacher then press **GO**. The time you have booked for each student will appear. Once you have finished press 'Finish' then an email will be sent to confirm your parent interview booking.

If you have preferred times we suggest you book early.

SCHOOL WILL NOT BE OPEN FOR INSTRUCTION ON THIS DAY, ONLY FOR CONFERENCE

NEW STUDENTS

We welcome the following students and their families to Grantlea Downs in the last fortnight: Scarlet Hayes, Anaru McCoy, Shyla Page, Indie Annear-Mason and Jax Rolton.

GROW IT NEWS

With just over a week to go until 'Grow It', your creations should be having the final touches added. Don't forget the Family "Plastic Fantastic" Competition, creating a sculpture/decoration or mobile out of plastic. Also decorated sunhats, gumboots, hula hoop or bike! We are looking forward to seeing these creations on display. **Come and join us from 12- 2pm next Thursday 8th March!**



Please refer to the enclosed notice as we still require some help setting up on Wednesday 7th March.

Also enclosed we have included labels for you to attach to your exhibit.

TREEmendous Behaviour Values Draw Winners

Below are the recipients of the TREEmendous Behaviour Values draw. Children are given a green card when they are observed showing actions in line with our school values. The cards are placed in the students House box and each week these are collated to find the winning House and five names are randomly drawn, these students get to choose a prize from the Prize Box.

Name: _____		Room: _____	
was Caught in the Act showing:			
<input type="checkbox"/>	Respect	by _____	
<input type="checkbox"/>	Excellence		
<input type="checkbox"/>	Responsibility		
<input type="checkbox"/>	Honesty		
<input type="checkbox"/>	Independence		
Jellicoe	Evans	Grant	Gould
Award by: _____		Date: _____	

Week 3

Casimir - Room 10
Holly - Room 11
Cameron - Room 11
Deacon - Room 11
Summer - Room 11
Winning House - Gould

Week 4

Summer - Room 11
Summer - Room 11
Bailey - Room 13
Pippa - Room 11
Blake - Room 12
Winning House - Jellicoe

Assembly Awards

Principals Award – Week 4 Term 1

Lachlan Bain and Summer Culshaw

Excellent Effort – Week 3 Term 1

Vanessa Brown, Hunter Hopkinson, Mady Anderson, Aria Lister, Katie Allison, Morgan Nixon, Addisyn Hallberg, Devlin Redrup, Rubie McCarthy, Mercedes Karauria, Daniel La Grange, Josh Aguirre, Bella Hopkinson, Ase Kuruduadua, James Dyche, Joe Cao, Amelia Maynard, River Nolan, Steven Ramsay

Values Focus Award – Week 3 Term 1

Tara Gates, Reid Brazendale, Jesse Agnew, Hayleigh Bentley, George Elder, Georgia Fitzgerald, Ella Brown, Reece Mitchell, Caitlin Letham, Brendan Philips, Tyla Murray

Achievement Award – Seals of Approval – Week 3 Term 1

Freya Forward, Elena Wilkins, Drew Thornley, Sergio Bryan, Isabella Dockerty, Kalo Siale, Niamh Motley, Sophie Todd

Excellent Effort – Week 4 Term 1

Charlee Rogers, Poppy Pratt, Kean Cinco, Carter Brown, Drew Thornley, Isabelle La Grange, Addyson Rogers, Liam Pratt, Azaria Kleinow, Hunter Simms, James Grice, Nikolas Wallis, Nikita Lyakh, Mikaylah Donaldson, Oscar Whyte, Curtis Kiddey, Tom Taylor, Charlotte Blake, Grace McCarthy, Kartya Henry, Oli Kirke

Values Focus Award – Week 4 Term 1

JJ Gates, Reid Brazendale, Brylee Taylor, Vann Agnew, Kade Kerison, Michelle Van Rooyen, Rebecca Cole, McKenzie Don, Ella Craig, Blake Milligan, Charlotte Hallberg, Caleb Hay, Jessica Aldridge

Achievement Award – Seals of Approval – Week 4 Term 1

Vanessa Brown, Cooper Nesbitt, Izabella Simms, Oscar Bennett, Cooper Kelliher, Aleyah Barriball, Victoria Kyle, Casimir Kleinow, Hollie Todd, Niamh Motley, Noah Carnegie,

GRANDPARENTS GROUP – This Friday 2nd March

We are having a morning tea for grandparents who are caring for their grandchildren this **Friday 2nd March at 9.00am** in the staffroom. Join us for a cuppa and a chat.



Reminder: Please do not cross Grants Road in any other place apart from the pedestrian crossing. Everyone needs to model the safety message.



Please also be patient and courteous at this time. It is very busy outside the school at 3pm. We must also respect our neighbours by not parking over driveways or on yellow lines.

Grantlea Downs Triathlon – Friday 2nd March



YEARS 5-8

9:30 – 11:30am

(Please note the earlier start time)

Competitors need to remember their bikes (make sure tyres are pumped up!!!), helmets, togs, towel, running shoes and a drink bottle. Senior children will need to ensure they have their uniform at school to change into after their event.

We encourage parents and family members to come along and support their child. Below is a copy of the morning's programme so that you can get some idea of when your child will be racing.

Any questions can be directed to the classroom teacher.

Event		
Year 5/6		Girls
Individual		Boys
Year 7/8		Girls
Individual		Boys
Year 5/6 Teams		Mixed
Year 7/8 Teams		Mixed

YEARS 1-4

1:00 – 3:00pm



Due to the 1pm start we will be having an early lunch at 12pm.

Once again we are offering the Year 1 and 2 students a chance to experience competing in a school triathlon. For the cycling leg of the race they will be able to use bikes or scooters and must have helmets.

Bike/Scooter – Year 1 & 2 - one lap around the outside of the netball/basketball courts

Year 3 & 4 - one lap of the field

Swim one length running of the school pool (helped in and out by senior students)

Run one lap of the soccer field

On the day the children will need to remember their bike/scooter, helmet, togs, towel, running shoes and a drink bottle.

Event	
Year 3 Individual	Girls
	Boys
Year 4 Individual	Girls
	Boys
Year 1 Individual	Girls
	Boys
Year 2 Individual	Girls
	Boys

Any questions can be directed to the classroom teacher

All students to remain until the end of the day

PLEASE DO NOT RING THE OFFICE TO ASK WHEN A SPECIFIC YEAR LEVEL WILL START – RACES WILL BE RUN IN THE ORDERS ABOVE UPON COMPLETION OF PREVIOUS RACE

Please complete and return the slip in our newsletter if you are able to help with either the senior or junior race. This would involve either directing children, counting lengths or helping move bikes.

HOME & SCHOOL HAPPENINGS...

Parent Help Survey

A help request form was sent home two weeks ago and so far, we have only had 27 responses, so we would be super grateful if you could complete these and return to the school office or follow the link on the School Facebook page (there are spare copies in the office if you have misplaced the form).

We are aware that you may not know your schedule this far out but if your name is there we will be in touch with you (via email preferably) before the event to determine if you can actually help on the day.

REMEMBER: Without Parent Help some events/fundraisers are unable to take place.

Wheelathon

Just 2 weeks away - Wheelathon is happening on the 14th March 2018. The purpose of this fundraiser is to involve all students in a physically active fundraiser that is FUN!

Every student has received a sponsorship form. Students are asked to obtain sponsorship as a donation for their efforts of biking around Levels Raceway.

*****9TH MARCH*** All donations and cards (even if no donations are collected) MUST be returned to the school office by Friday 9th March. Please ensure that monies & cards are in clearly named envelopes or bags.**

AGM Meeting

Our AGM is being held on Wednesday 9th May at 7pm in the School Meeting Room.

It would be great to have some more awesome members join our group...people with fresh ideas, get up & go and who are inspired to help make a difference. Mum's, Dad's, Grandparents, Caregivers – all are welcome to attend any of our meetings. Why not take the opportunity to come along to the AGM and suss us out 😊

HOME & SCHOOL fundraising events/ideas for the year...

14th March – Wheelathon

10th May – Disco (Jungle/Safari theme)

18th/19th May – Cheese Rolls (undecided if this will proceed as yet – get your parent surveys back in!)

2nd August – Disco (Winter Wonderland theme)

Farm - Calf-Raising

Other ideas

Movie night

Quiz Night

Monster Raffle

Senior Swimming Sports

Friday 9th March



The Grantlea Downs Senior Swimming Sports will be held on Friday (9th March) at CBay on Te Weka Street.

All children in Rooms 10-15 will be swimming. In previous years we found that some children got quite cold waiting for their next race so it might be a good idea if they could bring 2 towels, one to keep them warmer between races and a dry one to use at the end of the day. The swimming sports will begin at 9.30, and we expect to be finished by approximately 11:40pm.

Family and friends are welcome to attend and support the students in this event.

In order for this event to run smoothly we require parent helpers to carry out some duties on the day. If you are able to assist, please complete and return the slip below to the office or to Miss Jeffrey in Room 13.

Please return to the office or Room 13

I am able to assist with the running of the **Grantlea Downs Senior Swimming Sports:**

Name: _____

Contact Phone: _____

The Dental Van is due to visit our school in the next couple of weeks. Below is some information regard this.

Canterbury

District Health Board

Te Poari Hauora o Waitaha

COMMUNITY
dental service

Free Dental Care for Children - including special information regarding Year 8 students

One of our Community Dental Service preventive mobiles will be visiting your school soon.

- We will be aiming to see that all school age children enrolled with the Community Dental Service have their dental check-up in the dental mobile while it is there
- **Year 8 students:** all year 8 students enrolled with the Community Dental Service are transferred from the Community Dental Service to a FREE private dentist from year 9 until their 18th birthday. To help with this transition please ensure you have informed your child of their family dentist (not orthodontist). This will enable us to transfer your child onto the correct dentist for year 9 onwards. More information will be sent home after their year 8 check-up.
- To do this we will be asking the school to provide your child's name, address and your contact information.
- The dental therapist will not only be checking the children's teeth but will also Xray, clean, and apply protective treatments fluoride and or Fissure sealants (coating put on teeth to prevent decay) if required
- If your child requires further dental care such as fillings they will bring home a 'Care Plan' which will explain what dental care and appointment times are required
- When you receive the 'Care Plan' please contact our **Call Centre as soon as possible** as you will need to arrange a time to bring your child to one of our Community Clinics for this dental care
- **Please let us know ASAP if you do not wish your child to have any of this care, you can talk to the staff in the mobile or phone/email our Call Centre**
- If you wish to be present at your child's check up this will need to take place at our community clinic so please phone/email our **Call Centre** to make an appointment
- Please contact our Call Centre if you want further information on the Community Dental Service, to enrol your child or if you have any specific questions about your child's dental care (a dental therapist will call you back)
-

To contact our Call Centre: phone 0800 846 983 / email commdental@cdhb.health.nz

Grantlea Downs Triathlon- Friday 2nd March 2018

We are looking for parents to help with our school Triathlon 2nd March (Week 5).
If you are available, please fill in and return the slip to the school office.

I _____ am able to assist with the Junior/Senior
(circle one) school triathlon

Phone number: _____ Time to ring: _____

Grow It

Urgent

Parents/Grandparents/Friends

Help needed to put up two tents for

“Grow It”

12.30 Wednesday 7th March

**Grantlea Downs School
grounds**



RSVP ph. 684 7706

Wellbeing – Hauora, from the NZ Health & PE Curriculum

Wellbeing

The concept of wellbeing encompasses the physical, mental and emotional, social, and spiritual dimensions of health. This concept is recognised by the World Health Organisation.

Hauora

Hauora is a Māori philosophy of health unique to New Zealand. It comprises taha tinana, taha hinengaro, taha whanau, and taha wairua.

Taha tinana - Physical wellbeing

the physical body, its growth, development, and ability to move, and ways of caring for it

Taha hinengaro - Mental and emotional wellbeing

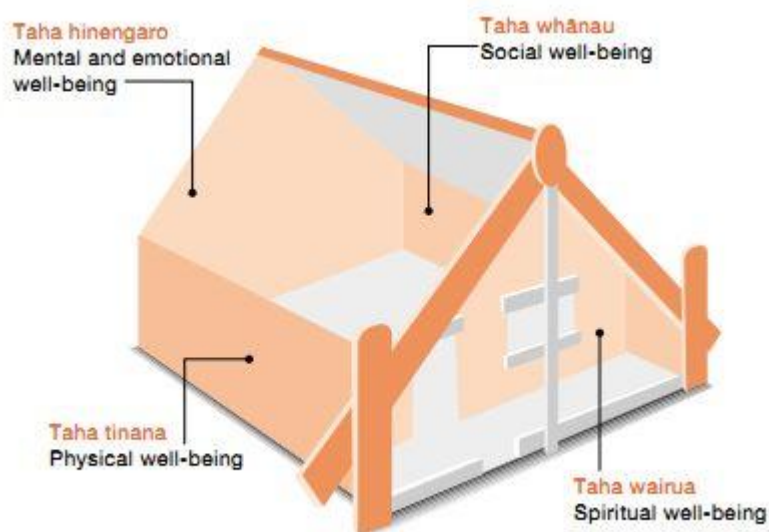
Coherent thinking processes, acknowledging and expressing thoughts and feelings and responding constructively

Taha whanau - Social wellbeing

Family relationships, friendships, and other interpersonal relationships; feelings of belonging, compassion, and caring; and social support

Taha wairua - Spiritual wellbeing

The values and beliefs that determine the way people live, the search for meaning and purpose in life, and personal identity and self-awareness (For some individuals and communities, spiritual well-being is linked to a particular religion; for others, it is not.) Each of these four dimensions of hauora influences and supports the others.



Dr Mason Durie's whare tapawha model compares hauora to the four walls of a whare, each wall representing a different dimension: taha wairua (the spiritual side); taha hinengaro (thoughts and feelings); taha tinana (the physical side); and taha whanau (family). All four dimensions are necessary for strength and symmetry. (Adapted from Mason Durie's Whaioara: Māori Health Development. Auckland: Oxford University Press, 1994, page 70)

COMMUNITY NOTICES

Cambridge Youth Hockey Club

If your child/children are interested in playing hockey this year, please contact Cambridge's youth hockey captain Bj Mason (either at bjmason0@gmail.com or 0272038684) Please include your child's name, age, what grade of hockey they have played previously and preferred position. Thanks, looking forward to hearing from you all

☺☺☺ Northern Hearts Football 2018

Registrations

If your child is keen to play football for Northern Hearts this season you can find all the details on our Facebook page - Northern Hearts AFC Juniors - or contact us on nheartsjuniors@hotmail.com Registrations need to be completed by the 16th of March.

Old Boys JAB Rugby Registration dates are

Sunday 25th Feb 11am-1pm

Wednesday 28th Feb 4pm-6pm

Saturday 3rd March 11am-1pm

Fees for the season are

\$40 for 1 child

\$65 for 2 children

\$90 for 3 or more (from the same family)

Cash only no eftpos

Included in your registration fees are a t-shirt, drink bottle, mouth guard, playing shorts and top (to be returned at the end of the season) and a team photo to keep.

Come along on one of these days to register. Under 8's through to under 13's. New players please bring your birth certificate.

2018 Junior Table Tennis Training Program for Beginners

Table Tennis South Canterbury will be commencing its junior training program for beginners aged between 9 to 12 years of age on Tuesdays from 6.00 to 7.00pm, commencing on 13th March 2018.

Term 1. \$20.00 per player. Payable 13th March 2018. (Cash or Cheque).

More Info: Contact Grant Wilson email

grant.wilson@outlook.co.nz or pick up an enrolment form at the school office.

M.A.S.H

MY AFTER SCHOOL HEADQUARTERS



• Located at Gleniti Baptist Church, Wai-iti Rd.
• 517 After School 3:00-6:00pm

- Afternoon tea provided
- Homework time
- WINZ Subsidy available
- Van pick ups available

OSCARNETWORK
Whānau ki te huarua huarua

child.youth and family
A division of the Ministry of Social Development

Work and Income
Te Whānau Kōwhiri



Are you interested in playing U11 Girls Rugby? -New Competition, Girls Only!!

Join us on **Wed 28th March** for a "Have A Go Day" from 4pm – 5.30pm.

A fun afternoon of Rugby at Alpine Energy Stadium.

Bring: Mouth Guard Boots (if you have them) or Gym Shoes Water bottle

More information please contact Caro Rhodes 021 399 465 or caro@scrfu.co.nz.

TOM'S COMING HOME! and he's bringing some mates



Fonterra Dairy for life

TIMARU SUPER SHOT

in association with **TEMUKA TRANSPORT**

Come and witness this unique international Shot Put competition featuring home town World Champ Tom Walsh taking on some of the world's best athletes. Don't miss your opportunity to watch world class athletics in the heart of Timaru!

WEDNESDAY 14 MARCH: 5-8pm
Entry from 4.30pm

Featuring:

- Trust Aoraki Kids Fun Run
- Mitre 10 MEGA Trades v VIP's Challenge
- Aoraki Sec Schools Shot Put Exhibition
- International Elite Women
- International Elite Men

GOLD COIN DONATION ENTRY

CAROLINE BAY SOUND SHELL - TIMARU

Anchor **MITRE 10 MEGA** **ASPECT** **TRUST AORAKI**
TIMPANY WALTON **EXPORT HOP LEXA** **RSM LAW** **COMARNEY COLLEGE** **ABLET ACCESS** **YUOS MUA** **PAUL SMITH**

FLIPOUT

JKA TIMARU FUNDRAISER

FRIDAY 13 APRIL AT 4-5PM OR 5-6PM

ENTRY ONLY \$12.00 AND RECEIVE A FREE PAIR OF FLIPOUT SOCKS

CALL OR TXT ALEX ON 0220600123 TO PURCHASE YOUR TICKET NOW