



# Newsletter

## 4 May 2022 Newsletter No 7

Welcome back to Term 2. We are beginning the new term with normal routines across the school. We look forward to reconnecting with each other and with the wider school community.

We want to thank you again for your support and vigilance during the Covid outbreak last term. The virus still has a presence within the school community, so we ask that you continue to monitor your children for symptoms and let the school know, by way of an email or contacting the office, of any positive test results.

We have a number of events coming up, including Cross Country (please note change of day from last newsletter) and Life Education visit.

Please note our Teacher Only Day on 3 June, and public holidays, Queens Birthday 6 June and Matariki 24 June, during this term too. The Term Calendar showing all the dates is included with this newsletter.

### NEW STUDENTS

We welcome the following students to Grantlea Downs this week: Manuwa Kotua-Tekoronga, Tairoa Kotua-Tekoronga. Wiremu Kotua-Tekoronga, Mila Stringer, Jaxon Spivey, Layla Gordon and Tori Flintoft.

### HOME & SCHOOL AGM

Advanced notice of the Home and School AGM, to be held on **Thursday 19<sup>th</sup> May 2022 at 7pm** (Week 3 – Term 2) in the School Office Block. Come along and see what we are about.

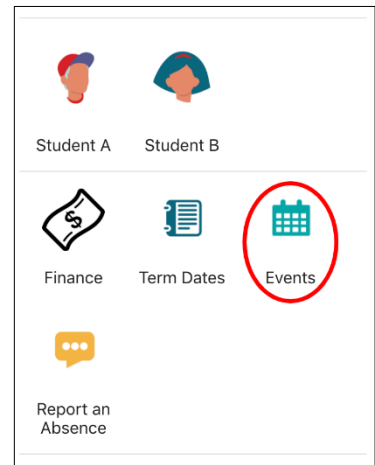
### GRANDPARENTS GROUP – This Friday 6<sup>th</sup> May

We are having a morning tea for grandparents who are caring for their grandchildren this **Friday 6<sup>th</sup> May at 9.00am** in the staffroom. Join us for a cuppa and a chat.



### HERO EVENTS CALENDAR

Events are now being added to our school calendar in the Hero App. When logged into Hero, caregivers can view this by going to Events from the Hero landing page or in the menu on the left side of their Hero app.



Also, as you can see from the screenshot above, Report an Absence is also available through the App, for a quick way to let us know if your child will be away from school. Absences can still also be reported by ringing the school and leaving a message or by text.

### KIWI ENGLISH, MATHEMATICS AND SCIENCE COMPETITIONS – Yr 5 – 8 only

Entries for the Kiwi Competitions close 7 May. Please bring **the return section of the form** to the office, including payment, if you are wanting to participate. You can make payments online, but they must be clearly marked 'Kiwi' and your child's name. The return slip will still need to be brought in to school, by 7 May.

### NETBALL Yr 5 - 8

Netball subs for the Year 5 – 8 teams are now due. Payment can be made online or at the office and is required before your child is able to play.

**Our school bank account for internet payments is 03-0855-0334452-00**

**GRANTLEA DOWNS SCHOOL OUT OF ZONE  
ENROLMENTS TERM 3 & 4 2022**

The Board invites applications from parents who wish to enrol their child at Grantlea Downs for Term 3 & 4 2022. Enrolment at the school is governed by an enrolment scheme, details of which are available from the school office.

Applications for out-of-zone places are now being invited for those students who will become eligible for enrolment during the period 25 July to 14 December 2022. We currently have places available over a variety of year levels. The exact number of places will depend on the number of applications received from students who live within the school zone.

The deadline for receipt of applications for out-of-zone places is **10 May 2022**.

If a ballot for out-of-zone places is required, it will be held on 17 May 2022. Parents will be informed of the outcome of the ballot within three school days of the ballot being held.

Application forms are available at the school office or by calling 03 684 7706.

If you live in the home zone and have not yet signalled your intention to enrol your child later this year, please contact the school immediately to assist us to plan appropriately.

Errol Johns, Presiding Member

**SCHOLASTIC BOOK CLUB ORDERS  
CLOSE NEXT THURSDAY 12 MAY 2022.**

Orders can be made via the Scholastic LOOP App or bring your order form with any cash payment to the school office.

**Advanced Notice: Term 2 Week 5  
School closed for TEACHER ONLY DAY -  
FRIDAY 3<sup>rd</sup> JUNE (Friday before Queens  
Birthday Weekend)**

**School Road Safety Reminder**

As we embark on a new school term, it is important to remember the importance of some basic road safety rules around school. **Please drive carefully remembering the 40km/h speed zones.** Be mindful of children and their parents walking and cycling to school, as well as those students catching buses or waiting to be picked up by parents in vehicles. Schools can be very busy places at drop off and pick up time, and your courtesy and patience are appreciated. Please also be respectful of our neighbours and **do not** park over driveways.

**CREATIVES SCHOOL ART PROJECT**

During Term 2 & 3 the senior school will be working on a fabulous art project featuring in different areas around our school. They will be creating an interactive sensory sculpture garden and mural inspired by the Taitarakahi Creek Project and the school values.

We would love our school whanau community to be a part of this project. Would you, your parents, grandparents or wider family like to be involved? We need people that have a talent/skill for welding, wood skills, metal skills, weaving, paving, knitting/crochet etc to help.

Please fill out the slip below and return to the office, if you know of someone who would like to be involved.

We look forward to hearing from you.  
The Creatives Team Penni Naylor & Raewyn Guise

**CREATIVES SCHOOL ART PROJECT**

Please return to the school office asap

I am able to help with (please circle) **Welding**      **Wood Skills**      **Metal Skills**      **Knitting/Crochet**  
**Paving**      **Weaving**      **Other** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Best time to contact:** \_\_\_\_\_

## A message from the Healthy Active Learning Team



# SAVOURY MUFFINS

### Ingredients

- 1 ½ cups self raising flour
- 1 cup low fat milk
- 1 egg
- 1 cup grated cheese

Any other fillings:  
a tsp curry powder or mixed herbs, spinach, left over roast vegetables, finely chopped onion, capsicum, tomato

### Method

1. Mix the dry ingredients, this includes the cheese and savoury fillings. Mix carefully to avoid mashing all the ingredients together
2. Mix the wet ingredients in a separate bowl
3. Mix wet and dry ingredients together
4. Spray muffin tins with spray oil and spoon mixture in
5. Cook at 200 degrees for about 20 minutes

### Food for Flourishing

helps us to feel good and function well

Wholegrains	Milk & milk products	Protein foods	Omega-3 & omega-6 fats	Water
				
<small>Wholegrain bread, rice, oats, cereals</small> Provides slow-release energy so we can stay alert for longer.	<small>Milk, yogurt, cheese, butter, cream</small> Gives us calcium to help bones and teeth grow strong.	<small>Beans, lentils, poultry, fish, eggs, fish, chicken, red meat</small> These foods help us to send messages around our brain. This helps us to think and communicate clearly with others. Protein also helps growth. <small>* Beans, lentils and chickpeas are suitable to eat at any age and are a good source of iron and fibre. They are best eaten with some vegetables.</small>	<small>Olive oil, fish oil, nuts, seeds</small> Keeps our heart, brain and eyes working well. <small>Further sources of healthy fats include: oily fish (e.g. salmon, mackerel), olive oil, avocados.</small>	<small>Hydration helps our thoughts, our reactions and our concentration.</small>

Source: <http://www.nutrition.gov.au>  
 The Association of Dietitians of New Zealand ([www.dietitians.org.nz](http://www.dietitians.org.nz))

Canterbury Community Care

Welcome back to Term 2! We hope you had a relaxing break and are ready for a busy term ahead. Remember - we need to nourish our body in order to flourish! Check out the tips above.

# WANTED

CLEAN, COLOURFUL



PLASTIC BOTTLE TOPS

This will be an ongoing project so keep the tops coming in as you collect them. PLEASE ENSURE THE TOPS ARE CLEAN.


## BREADTAGS

for wheelchairs

We are still supporting this initiative as it is not only helping people in need but also our own environment. Bring your bread tags in to school, we have boxes in the office and in Ruma Ako. For more information about the charity check out the website <http://www.breadtagsforwheelchairs.co.za> or the NZ Facebook page Bread Tags for Wheelchairs NZ .



# COMMUNITY NOTICES



Yogaminds

Games  
Music  
Fun  
Teamwork  
Friends  
Art

Yoga Poses  
Mindfulness  
Balance  
Breathing  
Relaxation

## Kids Yoga Club

Term 2 2022  
Mondays 3.45 - 4.45pm  
Suitable for ages 7 - 12

All classes are held at Freeform Studio, 11 Royal Arcade, TIMARU  
For more information or to register your child, get in touch with Emma at  
emma@yogaminds.co.nz  
www.yogaminds.co.nz @yogamindsnz

**OCEANS Grief and Loss** is a peer support programme for children, teens, and adults who have experienced loss in their life. The losses we work with usually come from the death of a significant person, or a personal experience of separation/divorce. The focus of this programme is providing a safe environment for participants to talk about their loss/es and the change/s that have occurred then look ahead to a preferred future living and coping with the loss/change. We meet once a week for eight weeks in the children's programme and six weeks for the teen and adult's programme. We have seen many people go through the programme and have numerous success stories of how it has helped (Over 500 since Oceans started in 2006).

To enroll in a grief and loss programme please visit the website: <https://www.anglican care.org.nz>  
Or, phone Matt on 0800 OCEANS or 027 4 OCEANS (ie. 623267) or Email [oceans.timaru@gmail.com](mailto:oceans.timaru@gmail.com) for more information.

## FRIDAY NIGHTS BEGINS 6TH MAY

TIME: 5-5.45PM

\*Learn basic note reading skills and harmonies.  
\*Sing at a 10am Sunday Service once a month.  
\*Work towards Royal School of Church Music Voice for Life singing medals.

# St Mary's Church, Timaru

## CHILDREN'S CHOIR

Ages 7-12

### FREE TO JOIN & NO AUDITIONS

Contact Catherine Anderson  
Director of Music at  
st.marys.timaru@xtra.co.nz  
for more information or to register interest.

## RONCALLI COLLEGE OPEN DAY

SUNDAY 15 MAY 2022

Registrations in the College Hall  
Interactive guided tours from  
10.00am - final tour 12.30pm




southfuels  
Keeping Primary Industries Moving

# FUEL FOR SCHOOLS

Schools Fuel Sponsorship Programme

Fuel Up and Reward the School

You purchase 100 litres we get 50c

Every \$1000 earned means technology or sports gear for the kids

CALL 0800 99 99 89 TO GET INVOLVED